



the
OTHER PRESS

the Douglas College newspaper since 1976

theotherpress.ca

issue**05** volume**38** - october**04/2011**

a cinematic journey

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WRITE FOR US!

Anyone can get published in the Other Press! Just email your story to the appropriate section editor from the list on the right. Please send your file as an MS Word .doc file.

The weekly deadline for submissions to section editors is Thursday by 12:00am for publication the following Monday. Time-sensitive articles (weekend news, sports, and cultural reviews) will be accepted until Saturday at noon and can be submitted to the editor at editor@theotherpress.ca. All submissions will be edited for clarity and style.

The Other Press will pay \$50.00 to any contributor who writes, and successfully has published, a feature article of at least 1,200 words. Also, The Other Press will pay \$50.00 for every five issues a contributor is published in on a per semester basis.

The Other Press holds weekly staff meetings at 6:00pm on Mondays in room 1020 at Douglas College's New Westminster campus. All interested students are welcome!

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THE OTHER PRESS

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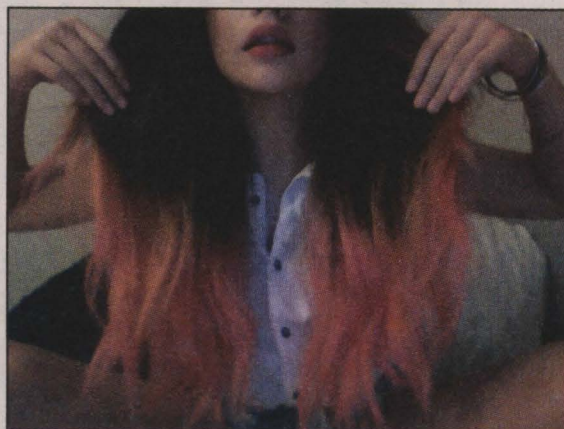
Bad news for BAs

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BC Place opens its doors... was it worth the wait?

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WHO WE ARE

The Other Press has been Douglas College's student newspaper since 1976. Since 1978 we have been an autonomous publication, independent of the student union. We are a registered society under the Society Act of British Columbia, governed by an eight-person board of directors appointed by and from our staff. Our head office is located in the New Westminster campus.

The Other Press is published weekly during the fall and winter semesters, and monthly during the summer. We receive our funding from a student levy collected through tuition fees every semester at registration, and from local and national advertising revenue. The Other Press is a member of the

Canadian University Press (CUP), a syndicate of student newspapers that includes papers from all across Canada.

The Other Press reserves the right to choose what we will publish, and we will not publish material that is hateful, obscene, or condones or promotes illegal activities. Submissions may be edited for clarity and brevity if necessary. All images used are copyright to their respective owners.

LETTITOR

Un-Thanksgiving Salute



Cody Klyne
Editor in Chief

It's that time of year again. That time when we're all beat over the head with sentiment, mush, gravy and guilt: Thanksgiving. For some, it's a serious thing; a time to reflect; a time to appreciate the people, pets, and *things* in our lives. For others, it's a nightmarish glimpse into the future; a nauseating reminder of holidays yet to come. For me, it means turkey at mom's, small talk with nieces that I love but have painfully little to say to, and an obligatory viewing of *It's the Great Pumpkin, Charlie Brown*. So, instead of feeding into the spirit of the season by gushing about how awesome everything is, here's a list of things that I'm very much *unthankful* for:

Neighbors drunkenly yelling outside my window at 3:00 a.m.

There's not much to elaborate on here. Whether you've got work or class in the morning, or not, sleep is one of those things that we all don't seem to get enough of on a good day. Add in some painfully asinine commentary, think valley girl "THEN HE SAID THAT SHE SAID THAT HE DID," from the Rosie

O'Donnell archetype across the way and you've got a zero effort recipe for those oh-so-sought-after under-eye bags and a case of the grumps.

Being dive-bombed by a crow (or equally mean-spirited bird)

It was the summer of 2010 and I was, blissfully might I add, crossing a street downtown when it happened. In writing this I remember it vividly now. WHAM! It felt like someone had thrown a football at my head—which, to make it worse, only brought back memories of many a failed athletic attempt in my high school days—but, when I looked up to see a crow wobbling mid-air as it recovered from the attack, I knew I was just another victim. I'm pretty sure that it was at this point that I started to run... I think. This was about when the adrenaline kicked in and my memories of the freak event get a little hazy. *That crow took something from me that day.*

Getting "left hanging"

We've all been there: you go in for the high-five and get left hanging. While, unlike the other callouts on this list so far there's really no guilty party, getting left hanging sucks all the same. Add in a group of witnesses to your failed attempt at friendly human contact and you've got yourself a one-way ticket to Loserville



on the red-faced embarrassment express. Bummer.

Being out of milk

Be it cow, soya, almond, or rice, whether you're jonesing for a bowl of cereal or cruisin' to make a shake, when you're out of "the good stuff," there's little on this world left to console you. Don't you dare tell me to put juice or water in my cereal.

Just. Don't. The worst part of this for me is how, everytime the carton runs dry and I've already dished out my bran, I think back to those old "got milk" ads. They're always smiling... smiling at me... because they "got milk" and I don't. And people wonder why I'm lactose intolerant? Jerks!

...Happy Thanksgiving!

B.C.'s efforts to improve accountability and recognition for Health Care Assistants has Douglas College connection

October 18 declared Health Care Assistant Day

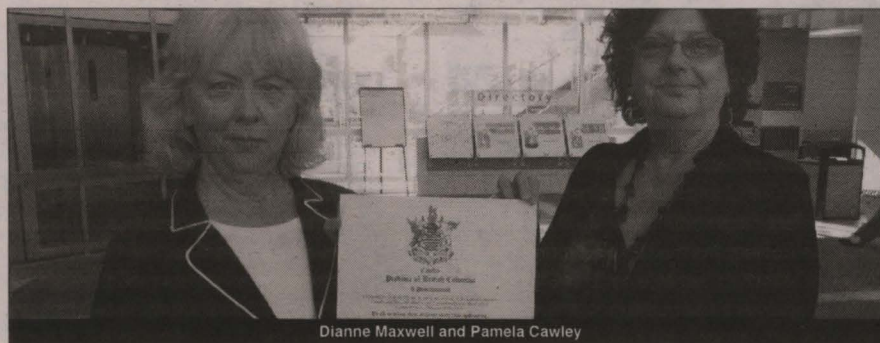
By Liam Britten

In British Columbia, doctors are registered. Nurses are registered. In fact, just about every health care worker is registered — except Health Care Assistants.

Health Care Assistants (HCAs) are the health workers who assist people with daily living needs that they cannot fill on their own. They work in nursing homes, in patients' homes, with seniors, the disabled, and with patients who have chronic health problems. The wide variety of situations HCAs are employed in has hampered efforts to implement across-the-board standards for education and accountability for the 37,000 of them in B.C.

But that's changing. Last year, the provincial government, in consultation with an advisory committee representing unions, regional health authorities, private employers, and private and public post-secondary institutions began implementing a provincial HCA registry that will standardize qualifications and education, but more importantly, protect the patients from abuse.

Representing the public colleges and universities on that advisory committee for this registry was Dianne Maxwell,



Dianne Maxwell and Pamela Cawley

coordinator of the Health Care Support Worker Program at Douglas College. The advisory committee she participated in provided input on the qualifications that registered HCAs should have.

Having this registry is a good first step, Maxwell told *The Other Press* — most provinces have no regulations at all — but she doesn't see this body as going far enough.

"I think eventually we have to go to a more standards-based practice," she said. "Right now, people complete their education, they go on the registry and the only way they come off the registry is if they are suspended or fired for abuse."

Maxwell would like to see HCAs regulated in a way similar to nurses; nurses

take exams prior to being registered or licensed, and must show that they've been keeping up with practice and professional development on a yearly basis, and the registry requires nothing of this sort from HCAs.

However, as Dean of Health Science Pamela Cawley notes, the registry does require that prospective HCAs complete approved courses like those offered at Douglas before being registered.

"It's a step up over what's happening in other provinces," she said.

The matter of using the registry as a regulatory body is complicated by factors like money issues and union aversion to yet another "quality control" mechanism.

But Maxwell and Cawley see the

registry as less of a system for punishing poor HCAs, and more as one that rewards the majority of them who are interested in professional development, furthering their skills and perhaps advance their careers as health care workers.

In addition to registry, the advisory committee secured a royal proclamation from the Province declaring October 18, 2011 Health Care Assistant day throughout B.C. The proclamation, which declares that HCAs "have demonstrated to be an indispensable component in the safety and quality of personal care for patients," is intended to recognize and increase visibility of the role of the Health Care Assistant.

"What I see now with the registry is ... respect for the role, understanding of the role. Understanding of how much work these workers actually do to maintain the health of their clients," Maxwell said. "We want people that want to stay in this role, so when you give professional development opportunities, when you give recognition for the huge part they fulfill in the health care system, I think that's really helpful. So I think this proclamation, having Health Care Assistant day is really nice for putting them front and centre and I hope it gets recognized as such."

News

All about the Douglas College International Organization



Maria Asselin-Roy
Staff Reporter

In the winter semester of 2011, Douglas College students Dustin Johnson and Sasdar Hyder came up with the idea to start a new social club at the college known as the International Organization.

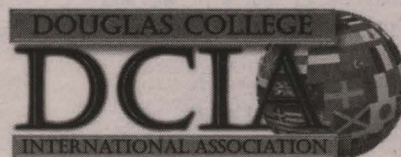
The purpose of the organization is to help form connections between international students and other students on campus. The organization is social—its intention is to form new friendships as well as to practice general conversational skills for those who have just moved to Canada. The organization is aware of the difficulties that come with moving to a new country and becoming a student at a new school. Helping students get associated with social group activities and dealing with everyday scenarios is bound to make a student's college experience go from an average involvement with the school to an enjoyable and active one.

As Cassidy Ball, vice-president of the International Organization explains

"A lot of ESL classes will teach students the language, but they don't necessarily learn the social norms and the specific slang and phrases that is commonly used day to day amongst students. That's what this group is trying to help with."

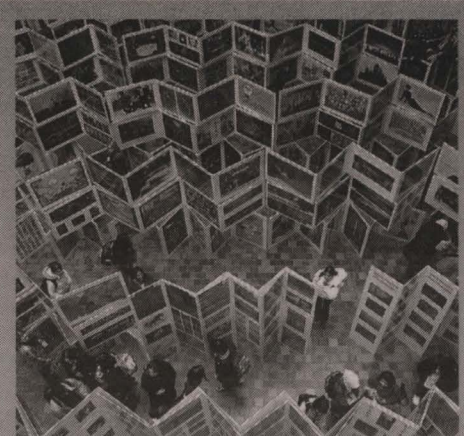
The International Organization is integrated with International Office's Cultural Connections Program to improve the experience for participants. The club also goes further by getting students involved through hosting various events such as ice skating and movie nights. This year, one of the goals is to get students involved in more events in order to give the students an opportunity to mingle outside of school.

A majority of the meetings will be structured; in other words it's not just going to be a place to hang out. Specifically, meetings focus on a particular theme each week. The organization provides worksheets for participants to fill out depending on the topic, ultimately answering questions about themselves while working through learning English. Themes in the past that the organization has focused on have been to do with: school, going out and partying, how to ask for different things,



and different cultural norms. While carrying out these events, the students provide their knowledge of the cultural norms in the country they were born in. Ball says "It's amazing how different everybody is when it comes to social norms... getting involved in this way really helps allow everybody to have a mutual understanding with each other."

The organization's intentions of getting international students settled in their new surroundings has been successful so far. They are always looking for new students to get involved, so if you're new to Douglas or you just want to meet some new people, check it out. The first meeting of the semester for the International Organization was last week. If you are interested in getting involved, everyone is always welcome at the meetings, which are held at the New West Campus every Wednesday from 4 p.m to 6 p.m in the DSU (room 207).



Do you like music, movies, television, photography, video games... or just about any other subject? Well, on October 13th and 14th, the DLC Atrium will come alive with the artwork of the Imaginus Poster Fair. Thousands of posters—depicting just about every subject imaginable—will fill a huge indoor art gallery on campus. There's something for everyone, and proceeds go directly to the Douglas College Foundation. In fact, over the past two years, students, staff and faculty have helped to raise nearly \$10,000 for student bursaries! So, come on out and enjoy the show. You can pick up a little something for yourself (or a friend), and help support our outstanding students!

Work on campus

Student jobs offered at Douglas

By Maria Asselin-Roy, Staff Reporter

Douglas College is looking for students to fill on campus student employment positions. Students must be enrolled in at least one (three credit) class at Douglas (or other public B.C. post-secondary school), and available to work up to 15 hours per week. Here are some of the jobs currently offered at Douglas:

Aboriginal Resource Assistant

The Aboriginal Student Services Centre is looking for an Aboriginal Resource Assistant. For this job, you should have knowledge and involvement in the Aboriginal culture and community. The job involves helping students use the resources in the Aboriginal Resource Centre, providing peer support (registration, buying text books, etc.), and referring students to services that the college offers like advising and financial aid. A minimum GPA of 2.0 is required and pay is \$8.75 per hour.

Access Aides for Students with Disabilities

The Centre for Students with Disabilities at both the David Lam and New West campuses is looking for Access Aides. This job calls on students to tutor and provide reader service to help increase and ensure academic success for Douglas College students with disabilities.



Applicants must have taken course work relating to the academic needs of students with disabilities. Good oral and communication skills are also needed, as well as the ability to encourage students in

their studies. The pay for this position is \$10.87 per hour.

Information Assistant

The Centre for Campus Life at New West is looking for Information Assistants.

The Assistant's job is to advertise clubs and events at both campuses and the community by handing out/posting flyers every week, helping provide information to promote events, and assisting students using the Fitness Centre. Applicants must have completed (or be willing to complete) both the CPR course and the First Aid course. The pay for the Information Assistant position is \$8.75 per hour.

Computer Lab Student Assistant

Computing Science & Information Systems is looking for a Student Assistant in the Computer Lab at David Lam. Applicants must have completed CSIS 1110 as well as receiving or expecting to receive a B+ grade or higher in the second year of the CSIS program. Applicants must have knowledge of Windows, Internet Explorer, Power Point, and other Microsoft programs. For this position, you also have to provide a class schedule and availability. The pay is \$8.75 per hour.

If any of these interest you, check out all the details at www.douglas.bc.ca/employees/human-resources/jobpostings/student-postings.html and send your resume to studentemployment@douglascollege.ca with your Douglas Student ID number. If you are looking for employment and these options don't interest you, you can also check out other job opportunities through Douglife.

The Sheffield four still look good on the dance floor

Arctic Monkeys stop by Vancouver for a night of flaunting and fun

By Dylan Hackett

North England's indie-rock legends the Arctic Monkeys rocked Vancouver last Wednesday night and had the all-ages crowd put on their dancing shoes. Playing to a packed Orpheum Theatre with Pitchfork favourites Smith Westerns, the lads mulled through a set list rich with their early popular

fast-tempo "Pretty Visitors," aptly warming up the crowd for the rest of the sweaty, fast-paced eve. Drummer and agile beast Matthew J. Helders took up lead vocals on the catchy and architectural "Brick by Brick," a brilliant new track that sounds like it belongs more on a garage-rock compilation than an Arctic Monkeys record.

The crowd went ballistic at the sound of their breakout hit, "I Bet You Look

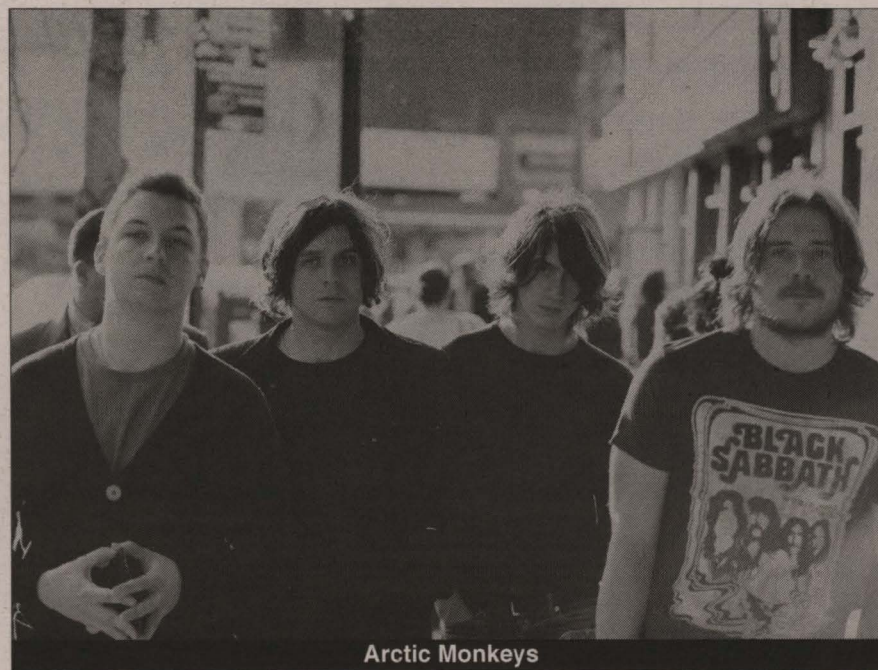
"The lads opened with the keyboard-backed fast-tempo "Pretty Visitors," aptly warming up the crowd for the rest of the sweaty, fast-paced eve."

singles like sing-a-long "When The Sun Goes Down," breakneck live essential "Brianstorm," and equally pleasing tracks from their latest album, *Suck It And See* (2011).

Lead singer and guitarist Alex Turner, sporting a pompadour greased so proper it could make Elvis blush, held the crowd's eyes for most of the show, unabashed and pulling no punches with a series of stage leaps and rock n' roll struts and poses. The lads opened with the keyboard-backed

Good On The Dance Floor," the track that propelled their debut album to be the fastest selling debut in UK history. Preceding the track was the equally ruckus-filled "View From The Afternoon." The suite carried the momentum of the concert quite well.

The light show employed heavy use of strobe, especially on their more hectic numbers. The boys finally slowed down the show with the closing track, "505" from their sophomore record, *Favourite Worst Nightmare* (2007). Once again the keys



Arctic Monkeys

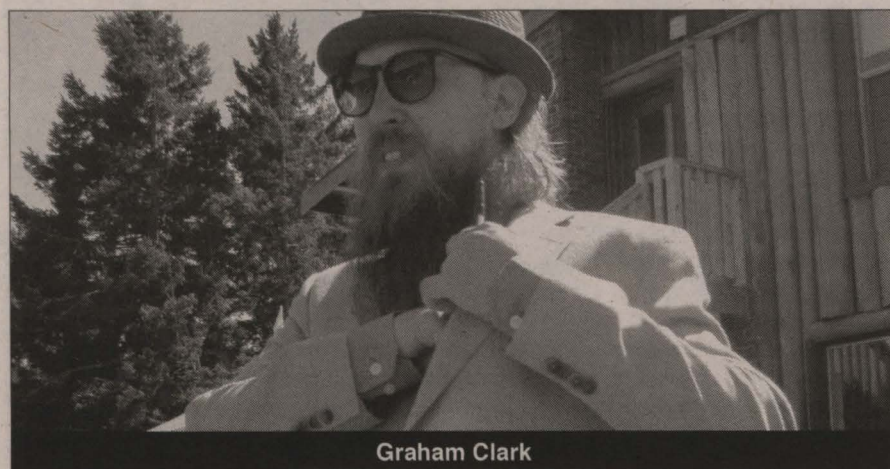
returned (the key riff in "505" is borrowed from *The Good, the Bad, and the Ugly*) and the jingly guitars crescendo'd the set as an eager fan jumped on the stage, put his arm

around Alex Turner, and was hauled away by security.

If I were that kid, I would've at least grabbed the set list while up there.

A hair for the arts—Part two: Electric boogaloo

We continue our interview with comedian Graham Clark



Graham Clark

By Angela Espinoza, Arts Editor

Last week, you may have read part one of my interview with the half-beard, half-man creature by the name of Graham Clark. This week we bring you the second half of that interview, where Graham delves further into the topic of beards, teamwork, and his Vancouver-based podcast, *Stop Podcasting Yourself*.

What is *Stop Podcasting Yourself*?

Graham Clark: It's a podcast based out of Vancouver—I don't know how many [of those] there are... I'm gonna say not a lot. It's comedy based, but it's not about comedy. It's like, if [you] and a couple of friends

got together and had drinks and were just chatting for an hour and a half, that's the gist of it.

How did you meet co-host Dave [Shumka]? And I have Dave's name in a heart.

GC: [Laughing] I met Dave doing standup comedy. I used to run a show on Commercial Drive, and Dave and his now wife Abby used to come every week. He started doing some stand up—I think he may have started at that show, I'm not exactly for sure on that—but he was so funny the first time out, we just became friends. Then it was his idea to do the podcast maybe a year after that or so, and everything just kind of went from there.

Do you have any other projects together?

GC: We were trying to write sketch comedy, but we weren't very good at it, so we ended up doing the podcast instead. But we wanna work on something else, maybe for radio or something like that, so [we're] kind of throwing ideas [around]. We're in the "you know, we should do that" phase.

What's it like to be a part of [podcasting community,] Maximum Fun?

GC: Great. It's really great, and it was really great to go to the Max Fun Con and actually meet the people that support that network—that group—because the cool thing about [Maximum Fun] is it was just a guy who decided to make his thing, you know. He found an audience through the Internet, and it's very inspiring, that if you have an idea for something, you can find the audience for that thing, as long as you're willing to put in the work to do it. Jessie Thorn, who started Maximum Fun, really has put in the work, and it's nice to meet people that support that kind of thing. It's really great to be a part of something like that.

Going in a different direction, what inspired you to start growing your beard?

GC: I had a job working for [CBC's] *The Debaters*, and I didn't have to shave my beard for a long time, and I didn't have to keep it trim or anything, so I just let it

happen. That was around the time [of] the Stanley Cup run, so it didn't look super out of place to have a giant beard; it was absolute opportunity. I just let it grow, and nobody really said anything. People say things now, but it's too late—now, it's already here. So I was lucky that I had a little private growing time.

Do you have any advice for those who wish to grow their own beards?

GC: Yeah, you know what, if you're gonna grow a beard anywhere beyond regular beard size, you gotta clean it extensively. A guy that I met like a year ago—a Sikh gentleman—told me that the key to having a longer beard [is] olive oil. Olive oil is supposed to be incredibly good. It may work for people's [other] hair too, but all I know is beards.

Finally, beard beard beard beard?

GC: Beard beard, beard beard beard... moustache.

Don't forget to see Graham Clark's first ever live beard painting this Wednesday! The completed painting will be auctioned off for charity at the show.

What: Paul Anthony's Talent Time

Where: Biltmore Cabaret, 395 Kingsway

When: Wednesday, October 5 @ 9 p.m.

Cost: \$8

The loonie things people do

Strutting of stuff commences on *Canada's Got Talent*



By Eric Wilkins

Are you an amazing singer? Can you dance? Do you have a disturbing hobby in which you pierce your ears with hooks and hang bowling balls from them? If so, an amazing opportunity may have just passed you by! The Vancouver auditions for *Canada's Got Talent* concluded on Tuesday, September

20, with an estimated 3,000 hopefuls showing up. Everything from Bollywood acts to skip-rope teams to musical groups decked out in fuzzy costumes clogged the Westin Bayshore while they anxiously awaited their opportunity.

The popular brainchild of Simon Cowell has seen several successful seasons in the U.S., (along with a host of other countries) and is finally making the trip

north of the border to our great nation. Auditions have already been held in Winnipeg, Edmonton, Vancouver, Montreal, and Toronto, but those who wish to have one last shot at winning the inaugural season can still fly out to Halifax (October 11–12 at the World Trade and Convention

Fator, winner of Season 2 of *America's Got Talent* in 2007, went on to sign a reported \$100 million five-year performing contract with The Mirage in Las Vegas, with an option for another five years at the same rate. Good money for a ventriloquist.

As excited as I am for the premiere

"The Vancouver auditions for *Canada's Got Talent* concluded on Tuesday, September 20, with an estimated 3,000 hopefuls showing up. Everything from Bollywood acts to skip-rope teams to musical groups decked out in fuzzy costumes clogged the Westin Bayshore while they anxiously awaited their opportunity."

Centre).

One of the foremost questions in anyone's mind in any contest is "what is the prize?" John Brunton, Executive Producer of *Canada's Got Talent*, did not disclose the specifics, but let slip on the *Canada's Got Talent* website that, "the prize is going to be epic and it's going to change somebody's life forever." Curiosity piqued. The monetary value aside, instant fame and outstanding opportunities are also a byproduct of the competition—if *America's Got Talent* is any example to go by. Terry

of this program, I must also admit that it slightly irks me that Canadian television has once again failed to come up with an original idea. *Canadian Idol*, *So You Think You Can Dance Canada*, and now *Canada's Got Talent* are merely offshoots of our American neighbours' programming. Don't get me wrong, I thoroughly enjoy these programs, but I wish that Canadian reality television would be just that: Canadian.

Returning from my digression, the show will begin airing in March of 2012 on Citytv, and I, for one, can't wait.

The curious case of Cary Fukunaga's *Jane Eyre*

Latest *Jane Eyre* movie removes the novel's best scenes

By Sarah Khan

The most recent film adaptation of *Jane Eyre* takes an odd approach to the classic Charlotte Brontë novel. First of all, in the 2011 movie by director Cary Fukunaga, the audience no longer has access to Jane's thoughts. Also, instead of following the novel's chronological storyline, everything that happens to Jane (Mia Wasikowska) before she arrives at St. John's (Jamie Bell) house is a flashback.

Some aspects of Fukunaga's approach work. The flashbacks—which show what Jane suffered through her years at boarding school and with her aunt—help explain the reasons for Jane's docile and reserved attitude. The most memorable scene for me is when St. John asks Jane about her education and her memory flashes back to the time when she watched as her friend was caned by a teacher. I never fully realized just how much the childhood trauma impacted Jane; in that sense, the movie's storytelling method does a good job of illustrating her character.

However, the latest adaptation misses the mark on showing the gradual intimacy between Jane and Edward Rochester (Michael Fassbender), as most of the dialogue between the couple was taken out completely, several great scenes were cut, and Rochester is toned down to make him more amiable to the audience. Also, the movie does a poor job of showing Jane



during her process of emotional healing; she looks delusional.

Overall, the film removes many scenes from the original book, making it difficult for people who haven't read the novel to fully appreciate the timelessness of the story.

Mo MAWO, less problems

The Mobilization Against War and Occupation hosts 'Hip Hop 4 Peace'



By Julia Siedlanowska, Arts Reviewer

Last Saturday and Sunday, MAWO (Mobilization Against War and Occupation) held their 7th annual Hip Hop 4 Peace Festival. On the steps of the Vancouver Art Gallery, a crowd gathered to listen to MCs and DJs, watch breakdancers, and take in graffiti art. Sunday featured a series of workshops on breakdancing, MC-ing, and Hip Hop 4 Peace at the Bonsor Recreation Complex in Burnaby.

According to the Hip Hop 4 Peace website (hiphopforpeace.blogspot.com), the festival was created "in an effort to

bring people together both locally and internationally to explore hip-hop as an important tool in the movement for peace." The event certainly drew attention, as the tents with volunteers were paired with MCs rapping, petitions and pins were laid out on tables near the performers, and passersby could make a pit stop to sign letters petitioning NATO's position in Libya, amongst other things.

If you are interested in learning more about MAWO and its aims, check out their website (www.mawovancouver.org) for information on upcoming events.

Could a robot uprising happen to you?

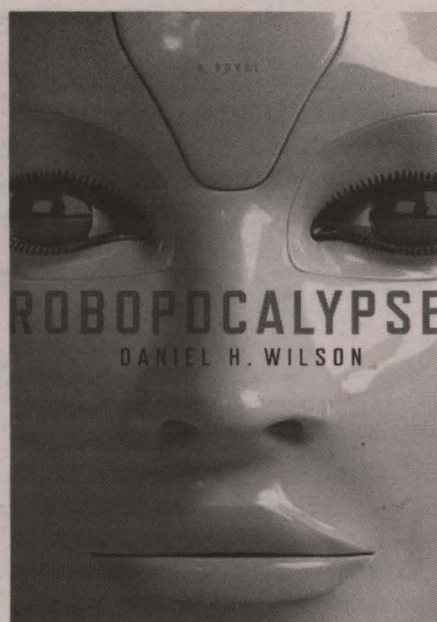
We take a look at this summer's bestseller, *Robopocalypse*

By Livia Turnbull

Sometime in the not-too-distant future, the war between robots and humans is over. Now all that's left to do is clean up the wreckage. Told in the form of flashbacks, with occasional notes from the nameless main character, author Daniel H. Wilson's bestselling sci-fi novel *Robopocalypse* is a fun—albeit confusing—read.

Robopocalypse is set in the middle of post-war cleanup. The humans find an electronic box which, upon closer inspection, they discover contains every memory of the events of the war. Now, it is the humans job to document the events leading up to the robot uprising and its eventual end, so that a similar tragedy will never happen again.

There are some points where *Robopocalypse* is told in third person, which makes sense considering that the protagonist is writing down what occurred on that event. However, other times it's told in first person, and you can see into said



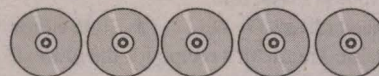
person's (which is *not* the main character's) mind.

Nitpicking aside, this book deserves a read.

A step in the right direction

Wilco evolves yet again on their latest album, *The Whole Love*

By Kyle Wallis



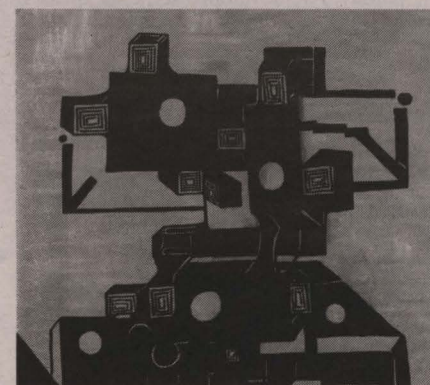
The Whole Love marks Wilco's eighth studio album. It's an important one for them—not just because of the success of their last record *Wilco (The Album)* (2009)—but because it's the first on their new label, dBpm (decibels per minute). All I can say is, what a start!

The first track, "Art of Almost," comes straight out of the box with a new, electronic sound. The guys are playing around with synthesizers, new guitar sounds, and different time signatures. It's a fresh sound, and a brave way to start the album.

Classic components of Wilco, like country roots (in songs like "Black Moon" and "Open Mind") and the ever-present sound of Nels Cline's distorted guitar, are still present in *The Whole Love*. New elements include synthesizers and a more collective contribution to vocals ("Dawned

on Me"). Songs like "Standing O" and "I Might" showcase the band's ability to move feet, while songs like "Rising Red Lung" provide the listener with a chance to hear some relaxing acoustic guitar melodies.

Above all, *The Whole Love* is a shining example of Wilco's versatility. The songs range from in-your-face grooves to sonic toe tappers, with lots of quirky variations in between from the keys, effects, and guitars. I think this album is a bold step for the band, and one that pays off.



Watch out, here I come

Travel back to the 80s with UBC theatre production, *The Trial of Judith K.*

By Julia Siedlanowska, Arts Reviewer

I am always open to pleasant surprises when attending theatre productions, and before I lose hope, they always come along. Speaking of which, I recently had the pleasure of attending *The Trial of Judith K.* at the Frederic Wood Theatre at UBC. This was a completely fresh approach to an equally fresh script. Written by Vancouver playwright Sally Clark, published in 1991, the play is based on Franz Kafka's *The Trial* (1925). The story follows the life of Judith K. (originally Josef K.), an ambitious, independent, high-strung lady whose life gets turned upside down.

One morning Judith wakes up to

at the bank, the apartment of Theadora (prostitute turned lawyer; played by Christine Bortolin), and a church, among others. The entire play seems to be set in the 1980s, which is just far enough removed from my life for me to see it as the surreal and obscure time that it was (at least in fashion). The setting serves the play well, with romances set to lovely eighties porno sax, and transitioning with electronic hits like Depeche Mode's "Personal Jesus." The lighting matched the unexpected take on costumes and music, with colourful flashing lights making us feel like we should be out of our minds, clubbing with Billy Idol.

The actors all did a fantastic job, changing their physicality drastically to



doorkeeper told him he would only find hundreds more doors and keepers. As we listen, we wonder, why wouldn't he simply jump past the keeper to see what would happen? As we watch Judith trying to make sense of her trial (the terms of which are constantly changing and never really known), we wonder, why does she try? The saucy existentialism really works in this

production. This is a school project to be proud of.

What: *The Trial of Judith K.* by Sally Clark

Where: Frederic Wood Theatre @ UBC

When: September 29–October 8 @ 7:30 p.m.

Cost: Adult \$22/Senior \$15/Student \$10

"The play is truly Kafkaesque—we are disoriented throughout and left trying to find meaning in the seemingly senseless world of Judith K."

two random men in gas station attendant uniforms, claiming to be government agents. She is told she's been charged (with what, we never find out, and neither does Judith) and she is to attend a trial in Surrey. "Surrey?" she gasps, horrified (this joke falls rather flat—we've heard all the "Slurrey" jokes before), but the rest of the show was downright hilarious. The play is truly Kafkaesque—we are disoriented throughout and left trying to find meaning in the seemingly senseless world of Judith K.

The staging was effective, with three rotating set pieces depicting Judith's office

play up to five different characters. They made brave and effective choices fulfilling the comedy in characters like Ted (Scott Button), the sleazy yet irresistible serial killer, DeeDee (Melanie Reich) the trailer trash sister-in-law, and DeeDee's terrible kids. We recognize them as modern stock characters, but the actors portrayed them so well that they didn't lose their comedy nor charm.

In the end, we hear the fable of "the man and the doorkeeper," about a man who lives his entire life waiting for the doorkeeper to let him pass. The man never tries to go through the door, as the

Reach for the ramen

How to sustain your budget and blood sugar with the classic budget food

By Sharon Miki

Whether you're living on your own (enacting a starving student fantasy scenario) or you just love the taste of it, ramen is the quintessential food for college students across the country. Cheap, idiot-proof, and ready in mere minutes, ramen has long been a dietary staple in my shoebox apartment (for me, the starving student thing is less fantasy and more so a daily reality). Afraid of nutritional monotony, I've developed some inexpensive and tasty ways to spice up your ramen noodles—taking them from limp to luxury.

Invest in Sub-Dollar Quality

Call me a noodle snob if you must, but the key to a successful ramen dish is using high-quality noodles. For me, this means authentic Japanese Sapporo Ichiban ramen noodles. If you wait for sales you can stock up on these bad boys for as little as 62 cents a pop, and I find that the texture is more satisfying than other brands of noodles.

Cook it Up!

Once you've got your water boiling and noodles ready, scour your pantry for add-ins. Can't go wrong ingredients for me are any kind of wilted green (think spinach, bok choy, kale), frozen or canned veggies like corn or peas, eggs, or canned proteins like tuna.

Want to take it up another notch? It's all in the seasoning. My two go-to ramen flavour-maximizers are sesame oil and hot sauce, but feel free to experiment—there's very little you can do to take away from the starchy carb-infused taste sensation of ramen.

Mr. Noodle Casserole

Still need ideas? Try out Life & Style editor Stephanie Trembath's recipe for the ultimate comfort food.

Ingredients:

- 1 can of tuna, drained
- ½ cup canned peas, drained
- ½ cup canned corn, drained
- 1 can mushroom soup
- 1 package of ramen noodles, in pieces

Pre-heat oven to 350 degrees. Combine tuna, peas, corn, and mushroom soup in a casserole dish. Toss ramen on top. Place dish in oven for ten to twelve minutes, or until mixture is crispy and bubbling. Enjoy!



Slick hair tricks for fall

Does your hair demand attention, or fancy simpler styles?



By Stephanie Trembath,
Life & Style Editor

Every year is marked by ridiculous trends and fashion fads like harem pants (Really—you're going to wear Aladdin pants to a wedding? The little black dress didn't cut it this time around?). In any case, there's a totally unique and off-the-cuff style that I've seen fashionistas attempting this fall... ombre hair.

Ombre-toned hair is marked by darker roots that fade to light coloured hair ends, perfect for fake blondes that want to grow out their bleached roots. This summer, all the hottest celebrities were sporting it: Drew Barrymore, Sarah Jessica Parker, and Jessica Alba were just a few of the fabulous femmes rocking the "root" fashion.

Ranging from subtle honey-toned blondes, to full-on platinum, ombre hair has moved away from basic blondes and has taken on a whole new twist this fall. Bubble gum pink, lime green, faded orange, and powder blue are a few of the favorite colors currently favoured by ombre fans.

From redheads to basic mousy-haired

brunettes, this hairstyle is destined to get you noticed—though not always in a good way. Ombre fashioned hair tends to look better on longer-haired ladies; otherwise you actually do look like you are trying to grow out miss-matched roots. This is definitely a hairstyle that you shouldn't attempt yourself, as the line where the lighter-colored hair dye starts needs to be really straight, or your hairstyle will look messy and unkempt instead of fashionably chic.

Too tame for ombre style—or maybe you're more like me and don't like to bleach out your strands whenever a new hair trend hits town? Another cute and easy hairstyle that's simple enough to do yourself (after a lot of practice, that is, so it doesn't look frizzy or crooked) is a woven French braid. If you already know how to braid, or French braid, then you're one step ahead. Weave your braided locks tight to your head and tuck the leftover ponytail underneath. Voila: you have a classy little chignon that is perfect for casual days at school, but also suited for red lipstick and heels for going out at night.

The students' solution to boosting your bust

Thai technique claims you don't need money to get bigger breasts!

By Stephanie Trembath,
Life & Style Editor

Ever wish you looked like Angelina Jolie, with her big lips, long legs, and ample breasts? Or perhaps you favour Pamela Anderson's iconic bod, with her blond hair and excessive bust? In a society that favors everything bolder, bronzer, and bustier, it seems impossible to compete with these glamazons without the proper amount of passed-down money, in order to fulfill your teenage, California-girl dreams.

Luckily for us, Thailand-native (and answer to all our breast prayers) Khemmikka Na Songkhla claims to have a way to increase bust size without spending money on implants or push-up bras. Using an ancient technique passed down from her grandmother, Songkhla's practices are famous throughout Thailand, and are

extremely simple and easy to do on a daily basis. Songkhla's technique involves, slapping, kneading, and massaging your chest to boost your bust size!

According to her practice, this natural technique works as it kneads excess fat towards the desired area — either that, or the area is so swollen and bruised it appears a lot larger for a few hours. Areas also subject to her "slap-happy" practices are the buttocks and face; simply slap your fanny for a few minutes each morning to get a rounder bottom, or get your friend to whack you across the face a few times for a smoother, tighter visage. Songkhla claims that the Thailand Breast Slap will increase your bust by 1-4 inches, and is constant for up to five years.

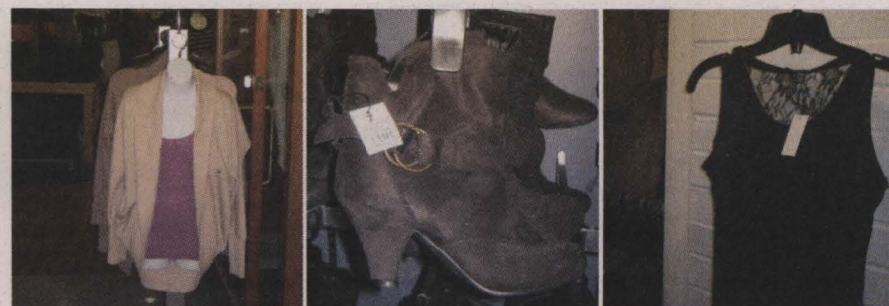
So young students, what do you think? Want to join the latest craze of the 21st century: slapping yourself silly!



Khemmikka Na Songkhla

Don't knock the knock offs

A high-end outfit, for a low price



By Allie Davison

As a full time student, I often find myself buying the cheapest toothpaste or shampoo that Walmart has to offer, all in a desperate attempt to stretch every last dollar of my student loans. When I do (occasionally), lash out and go clothes shopping, I have to shy away from the high-end clothing stores with their hip-happening fashions. All is not lost, however. I have found, in my recent monetary struggles, that I can have those high-end styles for a much more manageable cost: knock-offs are my new best friend.

Open Sweater

This sweater is originally from Aritzia for \$85. It's cozy, warm and great for wearing all the time, anytime. I bought my knock-off from Sirens for \$25 and as far as I can tell, price is the only difference.

Colourful Jeans

These jeans will brighten up any wardrobe

and I've been craving a pair ever since I saw them in the window of Guess, for \$108. I have trouble justifying spending anything over \$50 for jeans, so I was ecstatic when I found these red and blue jeans from American Eagle Outfitters for \$45.50.

Lace-backed Top

Lace tops are super popular lately. I think they're good casual day wear say with an open sweater over top, or (for a little more sex appeal), without the sweater at night. Bebe has one of these bad boys for \$45 in T-shirt form, but Urban Planet has a tank top for only \$7.99.

Booties

Winter is coming. And with winter, comes boots, or booties to be exact. Booties will look great with your brand new colourful skinny jeans, but these black ones from Nine West were a little much: \$165. I found these similar ones from Stitches for \$30. That's more like it!

Swimmer style: Get goggly eyed!

Recreational swimming as a great way to stay in shape during rainy months

By Stephanie Trembath,
Life & Style Editor

Iam a fair-weathered runner; I will only go for a run when it's nice out, which is restricted to roughly four months of our Vancouver weather. I cannot stand working out in gyms or running on treadmills—I need to feel as if I have accomplished something, or am at least going somewhere,

hip problems, swimming is the perfect way to ease into an activity to keep your body fit and toned. Especially if you haven't been exercising, swimming is a great way to ease back into physical activities. Because of the variety of strokes, swimming works many different muscle groups instead of focusing on one specific area; improving overall muscle tone of the shoulders, back, and abdominals, in addition to all leg muscle

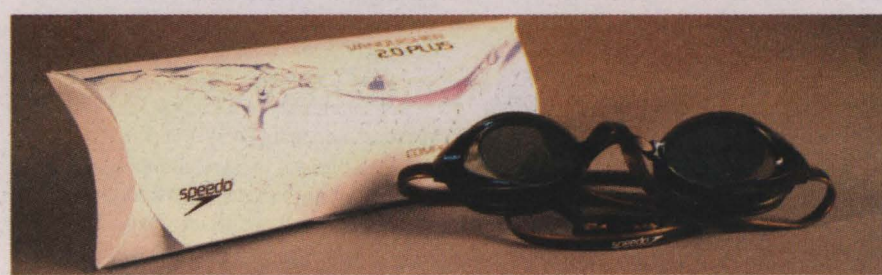
"Unlike cycling and running, swimming has less impact and is therefore much easier on your joints, so if you have back, knee, or hip problems, swimming is the perfect way to ease into an activity to keep your body fit and toned."

and running on a treadmill doesn't quite do the job. Still, during the late fall and winter months when it's too cold for my liking to exercise outdoors, I find I need to move more to balance all the sitting I do while writing essays and taking notes in class, which is why swimming is one of my favourite activities.

Unlike cycling and running, swimming has less impact and is therefore much easier on your joints, so if you have back, knee, or

groups.

Another great aspect of swimming is the improvement to your respiratory system; because of the resistance and water, swimming really helps to develop controlled breathing skills, and therefore aids in supplying oxygen to all parts of the body equally. Those who swim are usually able to hold their breath for longer periods of time, and have better endurance as a result of the learned breathing techniques



practised through swimming.

One of my own favourite aspects about this indoor activity is the complete silence and relaxation while in the water. Yes, it may be incredibly cold, and you may feel uncomfortable in your skimpy swimsuit, but swimming offers a silent exercise arena that gymnasiums do not. Once you get into a routine, it feels like you are the only one in the water because you can't hear anything, and the world is slightly tainted by your goggles. It's nice to be able to zone out and do a couple of lengths before warming up in the hot tub and towelling off. If you are new to swimming, it's a relatively cheap sport to get into. Goggles range from \$20-\$29 depending on the brand and style. When you're looking for a good pair of

goggles do not buy a pair with a foam seal around the eyes; the seal will eventually erode in the chlorinated water and become useless, so spend the extra few bucks to get a better pair made of silicon. I recommend Speedo Vanquisher goggles because they have a silicon seal around the eyes to help keep water out, and are the comfiest and most form-fitting design I've ever had. Likewise, if you are looking to buy a swim-cap to protect your tresses, buy a silicon-made cap instead of a latex cap as they rip really easily. When buying a bathing suit, it's best to go for brands such as Speedo and Nike because both brands use more polyester in the material; the suits last longer and don't go see-through or baggy as fast.

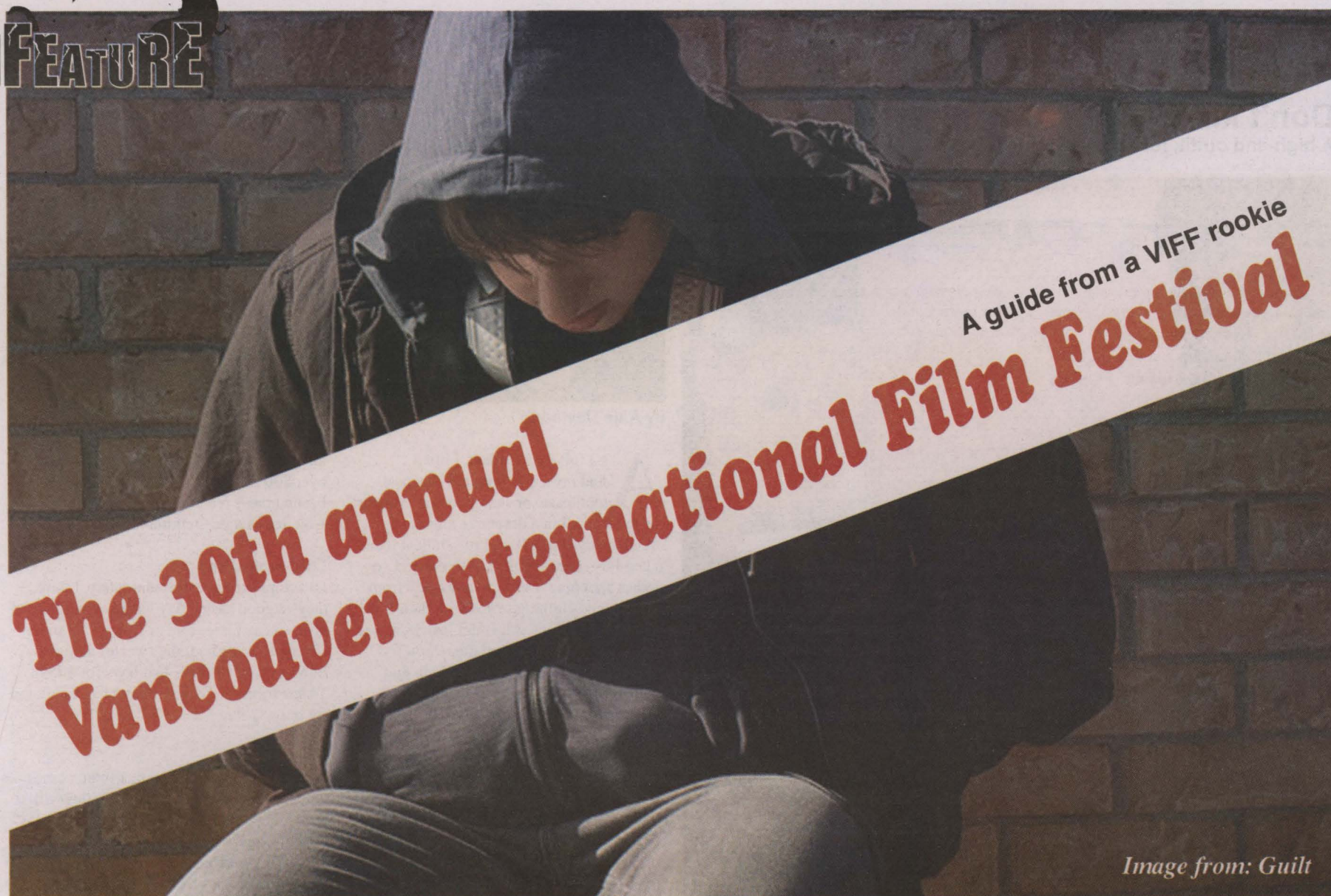


Image from: *Guilt*

By Angela Espinoza

For the past thirty years, Vancouver has built its International Film Festival from the ground up. Run by a dedicated crew of paid managers and volunteers, VIFF has become one of the largest film festivals in Canada. With roughly 400 films in this year's lineup, it's safe to say that whether you're a cinephile, an average moviegoer, or a tourist trying to catch one last limited screening, VIFF can only continue to grow.

Having spent the last two years forcing my foot through the film theory door, VIFF kickstarts the fall season for me. However, the world of cinema is not an easy one to jump into; I've officially missed twenty-eight of these in a row, after all. Still, on my second festival I've decided to be an official volunteer. Everything's coming up roses, and then I realize I'm a *noob* trying not to forget the name of that three-hour Belgian art house romance in front of a VIFF veteran who's been volunteering longer than I've been alive.

It's not even a week into the festival, and I'm terrified I've left my grubby little handprint on a film guide's glossy cover, or that I'll set off a *Final Destination*-like chain of events just by knocking over a lineup pole. Then there are the things I actually have done, like accidentally taking

up a limited volunteer seat on a scan-in ticket for a movie I never intended to see... and then awkwardly walking away. Or having my jarring siren-like cell phone alarm go off in the middle of a Q&A with a director of one of the films (*Guilt* to be exact)... and then apologizing before awkwardly running away.

I'm telling you all this is for two reasons. The first is that if you're a "film person," or want to be a "film person," then you're already a pretentious little bugger. It's okay though, we all are; I just don't want you to forget that you're going to slip up, and you're going to have to admit it one of these days. The second is that if you're just an average person who may be nervous about entering your first VIFF, *don't be*. Geniuses like yours truly are the guys that are, to some extent, the face of the show.

So to you reader, I say cheers, and encourage you to attend at least one film from this year's VIFF. The festival is ongoing until Friday October 14, with additional screenings of the most popular films to be announced. Many contests are happening daily for free tickets, and ticket prices range from \$10 (matinee), \$12 (regular), \$15 (special screening) and \$175 (gala screening)—so take your pick and enjoy!

Roadie

(USA, 2011, 96 mins, Dir. Michael Cuesta)

Middle-aged rock and roll enthusiast Jimmy Testagross (Ron Eldard) has been living the dream as a Blue Öyster Cult roadie for the past twenty years. Knowing only tour buses and greasy spoon diners, Jimmy gets the wake-up call of his life when he's informed that he's been fired. With nowhere else to go, Jimmy is forced to return to his mom's house in his old Queens neighborhood. Not even a day back in Queens and already things are bleak. His mother is old and desperately needs someone to care of her, his high school bully Randy (Bobby Cannavale) never grew up, and Jimmy's beautiful ex-girlfriend Nikki (Jill Hennessy) is now a struggling musician — who's married to Randy. Can Jimmy get his life and the lives of those around him back on track?

To be brutally honest, I don't have an answer to that question; I walked out. *Roadie* places its loveable, bumbling protagonist in far too messy of a situation for the film's runtime. The first half of the film is straight exposition, and (from what I've repeatedly heard) it's not until the third act that the ball starts rolling. Many have been praising Eldard's performance, and while what I saw of Jimmy was fun, the cast's acting felt rather sporadic—something I place on Cuesta's hands.

However, just because I'm impatient doesn't mean you should be—if the plot sounds intriguing to you, give *Roadie* a shot (they gave it three screenings, after all).

— Angela Espinoza

Additional Screenings: Wednesday, Oct. 12 @ 2:30 p.m. (Empire Granville 7); Thursday, Oct. 13 @ 9:15 p.m. (Empire Granville 7)

Like Crazy

(USA, 2011, 89 mins, Dir. Drake Doremus)



Beautiful British exchange student Anna (Felicity Jones) falls for her American classmate Jacob (Alton Yelchin), only to get caught up in love, overstay her visa and be banned from entering the U.S. ever again. The story leads the audience through the passion and heartbreak of their relationship as they try to keep their love burning while living separate lives on different continents. Splendidly touching in moments and heartbreaking in others, these characters bring you into their story and share the deepest parts of their lives, leaving you with no choice but to love, laugh, live and hurt with them throughout their experiences. Winner of the Grand Jury Prize: Dramatic at the Sundance Film Festival, as well as giving U.S. Dramatic Special Jury Prize:

Breakout Performance to Felicity Jones, *Like Crazy* is definitely a film worth putting on your list to see this fall.

- Tim Ryckman

Additional Screenings: Friday, Oct. 7 @ 11:40 a.m. (Empire Granville 7)

Take This Waltz

(Canada, 2011, 123 mins, Dir. Sarah Polley)



Having never seen Sarah Polley's first film, *Away From Her* (2006), I was pleasantly surprised at the poetically sad mood displayed in her latest effort, *Take This Waltz*. Michelle Williams plays the protagonist Margot, a somewhat introverted and quiet woman, whose marriage to Lou (Seth Rogen) is plagued by communication issues. While on a business trip, Margot meets a charismatic and handsome man named Daniel (Luke Kirby), who conveniently lives across the street from the married couple. Margot and Daniel share an instant bond and Margot, who is self-admittedly afraid of being "in-between things," finds herself in-between the two most prominent relationships in her life.

Williams gives a remarkable performance as Margot. She is able to convey the intense emotions that trouble her character with an incredible depth, which is refreshing. The same goes for Luke Kirby. His representation of Margot's frustrated potential lover is very realistic. However, I thought Seth Rogen's performance was kind of mediocre; he didn't have the emotional depth that his counterparts displayed.

The film focuses prominently on absent intimacy—the intimacy absent in Margot's marriage, and the intimacy absent from her relationship with Daniel. *Take This Waltz* tugs at the audience's heartstrings while being selectively and morbidly funny at the right times. The main characters are fleshed out fairly well, and the artful direction is delightful to say the least.

- Kyle Wallis

Additional Screenings: Thursday, Oct. 6 @ 4 p.m. (Visa Screening Room at the Vogue Theatre)

How to Die in Oregon

(USA, 2011, 107 mins, Dir. Peter Richardson)



In 1994, Oregon was the first state to legalize euthanasia. The passing of the "Death with Dignity Act" granted terminally ill patients with the right for a physician assisted-suicide. Roughly a decade later, Richardson follows several people—particularly one Cody Curtis—who wished to end their lives this way. Arguing in favour of the "Death with Dignity Act," Richardson also follows the passing of I-1000, as Washington became the second state to legalize physician assisted-suicide in 2008.

As one might expect, this film is very difficult to sit through; you will be



watching people's final months, weeks and moments of life. Curtis' story is arguably the most powerful in the way her life is presented. Always bright and ready with an adorable quip for any situation, Curtis is dying of liver cancer when we meet her. Curtis is the face of and ultimate argument for compassion; she wants to stick it out, but the pain is too much. This is a documentary; you're going to fall in love with this woman, and then you're going to lose her, there's no other way around it.

The film, which won the Grand Jury Prize for Documentary at Sundance, displays its case of dying with compassion. There isn't a narrator telling us what to think, we are simply following people who are at a point where they'd be much happier in death than in life, or at the very least support the concept. Whether or not one agrees with this argument will be for them to decide.

- Angela Espinoza

Additional Screenings: Monday, Oct. 10 @ 2:50 p.m. (Empire Granville 7)

Guilt (La vérité)

(Canada, 2011, 91 mins, Dir. Marc Bisailon)



Yves (Émile Mailhiot) and Gabriel (Pierre-Luc Lafontaine) are your somewhat typical high school seniors. In their small Quebec town they spend their days trying to be good students, while their nights are spent causing trouble. They have great relationships with their parents, and with Yves' mother Caroline (Genevieve Rioux) being a respected police officer and Gabriel's father Denis (Denis Trudel) being a doctor, the boys have their whole lives ahead of them. After a night of heavy partying though, Yves and Gabriel find themselves accidentally murdering one of their neighbors. Now these two kids must figure out a way to handle their very adult situation.

The film is carried by its splendid cast, as Mailhiot and Lafontaine's characters struggle to keep their relationship with each other and their loved ones together. However, it's Mailhiot who stands out; as Gabriel runs away from their problem, Yves is given the spotlight, barely finding himself able to keep his sanity intact, let alone his mouth shut. The film is Bisailon's second feature, and while the occasional weak joke or off-handed reference make the fact evident, *Guilt* shines in its ability to display how any decent kid can have their life suddenly spiral out of control.

- Angela Espinoza

Image from: *Like Crazy*

Entering a new dimension of dissipated

The origins of unoriginality with 3-D re-releases



By Jacey Gibb, Opinions Editor

It appears that Hollywood has done it again. In a theatrical wasteland of comic book adaptations, sequels, prequels, reboots, remakes, book adaptations, and television show-inspired feature films, it seems the film industry has figured out a way to claim the number one spot at the box office without having to integrate an ounce of originality. This period in time shall from here onwards be known as the 3-D re-releasedemic.

While you might be able to label the 3-D re-release event of *Toy Story 1+2* last year as patient zero of this outbreak, I am giving them a free pass this time because they were in promotion of the upcoming release of *Toy Story 3*. That being said, the first classic film to have its soul removed and outsides encoded with 3-D technology was *The Lion King 3D*.

A staple to any normal human being's childhood, *The Lion King 3D* gives you the opportunity to pay \$15 to sit in a theatre with strangers and watch the same movie that you still own on VHS. A deal that sounds too good to be true!

Unfortunately I was one of the many who fell for this trick, as my friends offered to take me to a showing as a belated birthday present. Instead of criticizing the movie for its obvious cash-grab characteristics, I found myself asking: "what time?" The film was its usual enjoyable self but I was actually surprised at how rough some of the graphics looked. Certain scenes were crisper than fresh romaine, but others didn't seem to live up to the re-released name.

But the overall presentation of *The Lion King* isn't what has me perturbed to the point where I need to seek solace in writing an article about it. Rather, it's that the success of this re-release (61 million dollars as of last weekend) marks the end of the need to be creative in the movie industry. A fortune has been made off of the simple idea of: "hey, let's show them a movie they've already seen before. But we'll say it's in 3-D and not really do anything to utilize it!" Well played, Hollywood.

At least when you look at the rogue's gallery of remakes and reboots sauntering around, there are a few noticeable differences between them and the originals, even if all that is is a new cast doing the exact same things (I'm looking at you, *Let Me In*). These changes are evidence that the process of filming a movie still exists but unfortunately, I think it is in jeopardy.

Next on the 3-D re-released chopping block we have *Titanic* in April 2012, with plans already underway to re-release *Top Gun*, *Ratatouille*, and the entire *Star Wars* saga. Really guys? *Titanic*? What, am I supposed to be expecting that Rose's boobs pop out at me during the couch scene? I think I'll pass and save the \$15 for my weekend's bar tab.

Yes, we are currently facing a new menace in the movie industry whose motto seems to be: "More of the exact same. Change is bad." Quite possibly the only way we are going to be able to beat this is by avoiding the lure of nostalgia and demanding something more. Otherwise, it won't be long before films like *Catwoman* get re-released in 3-D. Me-ouch!

Ethics: A no-brainer?

Classroom dissections shouldn't be a grey matter

By Joel MacKenzie

The professor hauled a heavy, white bucket to the front of the class. It sloshed with her steps, each time whisking tiny fumes of alcohol and formaldehyde into the air—a smell closely attached in my mind to the wide-eyed, empty expression of a stiff, yellow preserved frog from grade 11 biology class. I had taken my and my partner's tray to our table, put on my equipment, and waited expectantly for our specimen to be delivered, but the sight of the moist, red-gray half of a sheep's brain plopping down in front of me was too much. Entranced by

not specifically killed for the experiment. Their brains must have been extracted from those already being used for their meat. And my walking out of the class would have not changed the fact that the sheep whose brain I was using was dead, and that the brain was going to be dissected anyways. Though I use the opposite argument in support of vegetarianism: one less piece of meat eaten is one less animal that will be killed the next time, in compensation for that one piece not bought, which has an effect when done on a larger scale.

I justified it because I felt like I had to. I felt helpless. My teacher told me I had to take part in the experiment. Though

"The sheep whose brain I was using did not need to die in order for me to understand the topic."

passion, I stood and shouted, "I will not partake!" exiting the class to the echo of what began as one student clapping and ended with an eruption of cheers and a parade of every other student, liberated by my act of defiance to stand up for what they had believed in all along.

Well, I wish.

The truth is I took part in the lab with everyone else. I dissected the brain, for science, and I learned from it. Although, at times, unable to control myself, I did reveal to others (surely encouraging their own suppressed feelings) a raised lip of disgust, and even a groan!

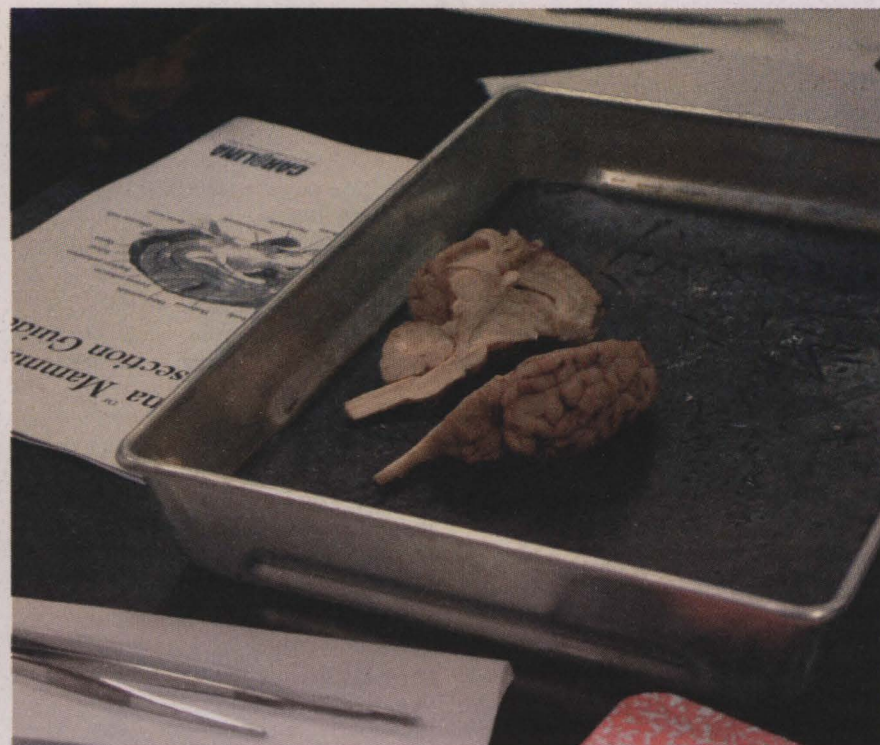
Long live the revolution.

I really wanted to skip out on the dissection. The sheep whose brain I was using did not need to die in order for me to understand the topic. Certainly the fifteen-or-so used for the class altogether did not need to die. But, of course, the sheep were

I was offered the chance to merely watch my partner do the operation, this failed to address the issues that worried me.

The ethics behind the use of animal products has gained much popularity in recent years, and I'm surprised our school does not reflect this. At the least, a warning could be placed in this course's description that a dissection is involved. Or students who do not want to partake could be considered before the ordering of the organs, giving them some sense of power over the amount of animal products being used for their education. Easily, online resources could be offered. Or even anatomical brain model options (cheap ones can be found at www.anatomicalsystems.com).

I know why Douglas has not recognized this increasingly popular issue: none of its members have brought it up. I think it's about time someone did.



The reign of rain



By Eric Wilkins

Pitter patter pitter patter pitter patter BANG pitter patter pitter patter THUD...(thud?)..pitter patter pitter patter pit...pat...pit. To the average Vancouverite (apologies to the other municipalities. I'm just going to lump us all together here), these are common sounds throughout the year. A new season has just fall-en upon us, and our good friend the rain will now be taking up a more permanent residence as opposed to his part time incursion during the summer.

Often I hear people complaining about the rain. "It's too depressing." "It makes me want to stay indoors." "It's too wet!" As a

Moving on to the more important fashion-oriented points, rain gives us a reason to haul out those skeletal bumbershoots from the recesses of our homes. To those lacking sufficient rain gear vocabulary, I am referring to umbrellas. Don't deny it. You love taking off that brightly-coloured cover and walking down the street, completely impervious to the watery carnage around you.

While on the subject of rain attire, I can't not mention rain boots. Who *doesn't* like to wear those wonderful gumboots? No other footwear enables us to wade as fearlessly through puddles as galoshes do. They look pretty awesome too. My amazing sense of style predicts that they will be in

"How many times have you taken one peek outside, seen the downpour, and decided that the day would be best spent curled up on the couch with a hot drink, just enjoying the shelter afforded by your home?"

rain-lover, I can't stand to hear the endless moaning about one of life's little miracles. Rain is a source of life. B.C. wouldn't be as beautiful as it is if there was no rain. Why do you think our province is blooming with so much plant life?

Ever wondered why it feels so good to walk outside after it rains? Believe it or not, it's not just because you hate the rain and are happy that it's over. Rain causes negative ions to be released into the atmosphere. A negative what now? Thinking back to those high school science classes, one may be able to figure it out that negative ions are simply atoms with an extra electron. It has been proven that negative ions can help lift one's spirits, even to the point of serving as a treatment for depression.

Vogue this year. You heard it here first. (I've just been informed that they have been in *Vogue* for some time now... Brilliant.)

How many times have you taken one peek outside, seen the downpour, and decided that the day would be best spent curled up on the couch with a hot drink, just enjoying the shelter afforded by your home? If you have never done this, shame on you. Try it!

One final musing is that without rain, the quality of romantic comedies would drop dramatically. A rom-com without the timeless classic of two lovers kissing in the rain just isn't a good movie! ...And I can't believe I just wrote that. Excuse me. I need to go watch *Die Hard* for awhile. Don't be a drip; embrace the rain!

Bad news for BAs

Having a bachelor's degree doesn't guarantee financial prosperity

By Kyle Wallis

Last week I read an article in the *Globe and Mail* detailing statistics about how some Canadians with bachelor's degrees earn less than the Canadian annual income. The article gave a startling statistic—18.5 per cent of Canadian university graduates earn less than 2008's Canadian median income (\$37,002). It also mentions that there are variations in wage of about 12 per cent between higher-earning disciplines like engineering and lower-earning disciplines such as humanities and social sciences. I guess that means my dream job of being Noam Chomsky's right hand man needs to be re-evaluated.

Now, throughout the article the author kept talking about how education was an "investment" for the future, and I began to think about my post-secondary education in a new way. Since post-secondary education is an investment, and most investments are, at heart, just safer forms of gambling, am I more or less gambling with my future?

This notion really got me thinking because not only am I going to spend around \$20,000 on tuition fees for my degree, but I will also be spending four years of my life. In this sense, I'm gambling with more than just money—I'm gambling with time, an investment that can't be returned. And this gamble isn't really a sure

win for me. After four years and \$20,000, I probably won't be assured a job right out of university. As the 18.5 per cent of Canadian graduates earning at or below the national median can attest to, that degree might not even help me earn more than someone without any post-secondary education. I'm surprised because after years of people telling me that post-secondary was the best way to ensure a successful future, I still might not get out ahead.

On the other hand, the *Globe and Mail* article quotes TD economics reports noting that "education is still the best investment you can make." Government studies of post graduates have also shown that post-secondary education leads to more than the chance at a better income. In a 2009 Statistics Canada study of people with student loans, it was found that "in addition to financial gains, it has been found that students acquire other skills and experiences through higher education. These include more opportunities for self-accomplishment, social interaction, and independence." In addition, the 81.5 per cent of undergrads in Canada earn more than the national median. So with any luck, I will have an 81.5 per cent chance of earning more than the average Canadian after I finish my degree. As a previous teacher of mine used to say, "those odds are better than Vegas."



We must ban the blood ban

UK's new blood donation policy isn't progressive enough



By **Camille Chacra** — The Link
(Concordia University)

MONTREAL (CUP) — On Sept. 8, the United Kingdom's Health Department announced that, as of November, gay men will be allowed to give blood — if they refrain from any form of sexual contact for an entire year. Although deemed progressive by some, this

newly established concession is actually more ignorant than it is groundbreaking.

In light of the UK's new stance, Canada may reconsider its own policy, as it is currently one of many countries that forbid gay men from donating blood at all. It's great that Canada wants to be "progressive" and "tolerant," but hopefully our country can realize that the UK's recent announcement is

neither of the above. On the contrary, this "lightened" ban is more of a colossal slap in the face than a step in the right direction.

"Blood donation eligibility criteria should be based on individual behaviour, backed by advanced screening, not on sexuality," wrote *Nursing Times* reporter Steve Ford.

Although it is crucial that blood donation agencies follow strict protocol that requires their donors to be tested for any medical, sexual or drug-related blips, they shouldn't assume that HIV is exclusively a homosexual disease.

Best Health magazine recently reported that in a 2010 issue of the *Canadian Medical Association Journal*, Dr. Mark Wainberg, a prominent researcher in the field of HIV/AIDS, argued that the ban is illegitimate. He wrote that "the risk of a false negative on an HIV test has been nearly eliminated since Canada's blood system began using a highly sensitive nucleic acid test to screen blood."

If health systems are able to thoroughly screen blood, why must

gay men kiss their libidos goodbye for an entire year in the UK? More importantly, with the technological advances the world has seen, why hasn't this ban been abolished sooner?

The only real reason for these full or partial bans must be called what it is — flagrant discrimination.

Partially lifting the ban in the UK just isn't good enough. The gay community is asking for complete equality — something it deserves. It is nonsensical to stereotype a group based on sexual orientation, depriving them of the fundamental right to donate clean blood.

Shame on the members of the UK Health Department. They shouldn't be patting themselves on the back: what they've done wasn't progressive. It was discriminatory. If they want to earn their kudos, they should abolish the ban, use the technology available to effectively screen blood and stop hiding behind dated stereotypes. As for Canada, we should learn from the mistakes made across the pond, and make a change that actually moves us forward.

Can all cowboys please holster their smoking guns?

Let the smokers be jokers and the critics be cynics

By **Jacey Gibb**, Opinions Editor

It's hard to believe that only three years ago, one of the first things the hostess would ask you when you entered a restaurant was: "smoking or non-smoking?" Our society has changed exponentially since the days where the city was a smoker's sandbox; with anti-smoking bylaws piling on top of each other like Big Mac patties, it's reaching the point where I've almost started to feel sympathy for these tobacco tokers.

My apartment complex has recently become a non-smoking building, meaning tenants are no longer allowed to smoke even within their own homes. If they want to indulge in some nicotine nourishment, they have to peel their lazy butts off of their La-Z-Boys and take it outside. But not on their balconies. And not within six metres of the building's entrance (a notice in the elevator suggests 10 metres for "imperial measures"). Honestly, I'm surprised at the amount of people in my building that *do* smoke despite all these deterrents.

Now I've never smoked a cigarette in my life (personal choice, no biggie) and I refuse to identify myself as a "smoker" — choosing to ignore the fact that I'm an

occasional partaker in shisha. I tell myself that it's like comparing apples and Oregon (shisha is primarily tobacco and flavoured molasses with only a fraction of the chemicals found in cigarettes), but it might not be the health risks that concern me, rather the idea of being labelled a smoker.

When I think of the term "smoker," my mind immediately conjures up an image of the quintessential graveyard shift Denny's waitress, on the prowl with her coffee pot and continuously inquiring with a raspy voice "more coffee hun?" I know all smokers can't possibly be graveyard shift Denny's disciples, but it's just what comes to mind.

I'm not a fan of smoking, nor of the aroma that holds hands with it, nor the bitter tobacco-infused flavour that comes with Camel-coated kisses — but some people are. And I think more people need to start acknowledging that.

One of the most memorable parts from 2004's *Super Size Me* was the scene where a man uses the example of everyone ridiculing someone for smoking on their break but not addressing the heavily obese woman also in the board meeting. Our culture has been trained to be sympathetic and understanding to overweight people



and to ostracize smokers with constant preaching about the obvious negative side effects. Is smoking not just as much of an addiction as overeating?

I am not encouraging people to pick up a pack of menthols on the way home from work today and "see what all the rage is about," nor am I saying that taking safety

measures, like not smoking in vehicles with anyone under the age of 16 in it, are unnecessary. I just think that before you start belittling someone else's life choices, you need to acknowledge that those choices are in fact *theirs* to make. Otherwise your whole argument goes up in flames.



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- ☒ Buy textbooks



*I went ziplining at Whistler today!
You gotta try this Sarah!*



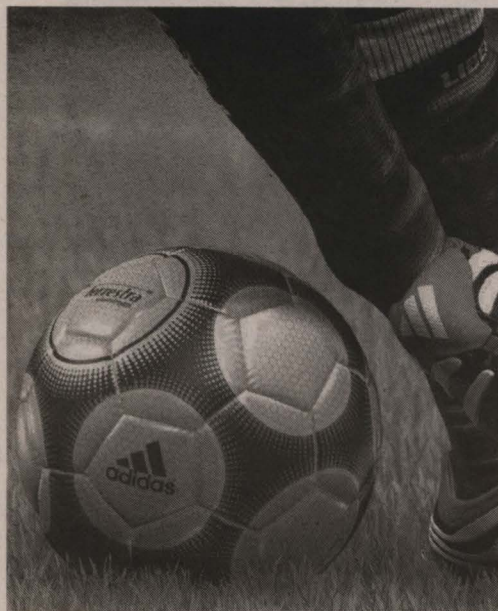
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Royals update



By Josh Martin, Sports Editor

The Douglas College men's soccer team won this past Sunday against the UNBC Timberwolves in a 4-1 decision. They currently sit in first place in the Group A division with 15 points and a 5-1-1 record. The Royals women's soccer team came out on top as well with a 3-0 win against the Timberwolves, recording their first win of the regular season. They are currently in fourth place with four points and a 1-1-5 record.

Be sure to check out the men and women's home coming games next Sunday at Charles Best in Coquitlam against the Kwantlen Eagles. The women's team will be playing at 1 p.m. while the men will be facing off at 3 p.m. It will not be one to miss! Have a great week!

2011-2012 Men's Soccer Roster

#1 Nour Fathy
#2 Marinko Maras
#3 Dylan Myers
#4 Devlin Periera
#5 Simrin Rattanpal
#6 Avindeep Sidhu
#7 Rizal Ganief
#8 Mark McQuade
#9 Joe Mundi
#10 Bobby Jhutti
#11 Jag Gill
#12 Devin Phelan
#14 Isaac Kyei
#15 Andrew Foster
#17 Niko Jecanski
#18 Vinny Chand
#20 Ricky Jhutti
#21 Mark Mincielli
#23 Raaqim Amijee
#00 Alex Dunbar
Joe Ormerod – Head Coach
Robby Toor – Assistant coach
Casey Wilson – Assistant coach

Raw and uncut with Royals Soccer's Captain Dylan Myers



This past week I had the pleasure of getting in touch with one of the captains and star players on the Douglas College soccer team: the Royals' very own Dylan Myers. The hulking number three Right Back defenceman humbly agreed to an interview which I am proud to share with all of you.

At what age did you start playing soccer?

Dylan Myers: I had the ball on my feet ever since I could walk. I didn't however play organized [soccer] until the age of four.

Who did you play for growing up?

DM: Growing up I played everywhere. I started in New West until age 12 and then I played all out of district. I played for Point Grey, Delta, Abbotsford and played all my metro years with the Burnaby Selects.

Last year your team was considered the favourites going into the playoffs. What exactly happened?

DM: We got too confident and the soccer gods weren't on our side. It was just one of those days where things don't go your way.

What's the difference between last year's team and this year's team?

DM: We're more humble. Last year we were the favourites until we lost. This year we know what we have to do. The guys who returned are still bitter from how we lost last year and want to do everything they can to win. The new players are buying into the system and realize we got a special group of players.

What is your specific role on the team?

DM: I'm one of two captains of our team. The job is basically to be a leader on and off the field as well as leading by example. As well as making sure the team is focused and prepared. Fortunately we got a great group of guys so it makes it easier.

What team would you consider to be your biggest rivals?

DM: Definitely VIU [Vancouver Island University Mariners]. The past three years I've been here we have been neck and neck in the standings. The games between us are more like wars than games. Both teams have a great deal of respect for each other but nothing but a win against them is failure.

Is this your final year at Douglas? Where to next?

DM: We host nationals next year so I don't think it will be my last year. Hosting nationals in front of your friends and family is pretty special. I'm hoping

to go back to England to play or test the waters of the MLS.

Who is your biggest idol?

DM: My biggest idol is my dad. I owe everything to him and what he's done for me. No one has supported me or had my back more. He's kept me level-headed and taught me the value of hard work. His favourite quote, "You can rest when you're dead," is something I take into my life each day.

What's your favourite team?

DM: My favourite club is Liverpool FC. My family is from there and I was basically born into the club. If I supported anyone else I wouldn't be allowed in the house.



From marshmallow to crown roast

BC Place re-opens with new roof

By Eric Wilkins

In May of 2010 the famous “marshmallow” roof of BC Place was deflated. Fast-forward to September 2011 and \$563 million later; a very different sight has replaced the iconic dome on the Vancouver skyline. Now boasting a retractable roof, BC Place is new and improved, and, as of Friday night, once again the home of the BC Lions.

But what exactly has been done to the stadium to warrant the exorbitant price tag? Lord knows when I get a new hat it's not that expensive! Thankfully BC Place has received some additional upgrades to go with its new top. For starters, the outside of the stadium is now a great deal more visually appealing. Portions of glass adorn areas on the outside of the structure, giving a lighter feeling to the formerly concrete fortress. Along with the glass, there are also light panels which can flash several different colours and put on a fantastic display for any outside observer.

Moving to the inside, BC Place now houses the second largest centre-hung

screens in North America (Dallas has the largest...everything really is bigger in Texas). All the seats have been replaced, the washrooms have been redone, and the concessions have been revamped.

At field level, an estimated \$1.2 million artificial turf has been installed. The crucial fact about the new turf is that it has been given FIFA's 2-star certification, which means that international soccer games can be played on it. There are also supposedly 800 WIFI antennae, though these are most likely reserved for media use.

An extra note about the roof to clarify anyone's curiosity: the roof does NOT retract fully. The opening is only as large as the field, and, as such, regardless of foul weather the fans will always stay under cover. The roof takes only 20 minutes to expand or contract.

I have the pleasure of seeing BC Place every day when I wander in to work, and I have to say that it's quite spectacular. There is a video floating around YouTube of the light panels at work, and if you don't plan on seeing it in person anytime soon, I definitely recommend that you check it



out! However, as important as aesthetics are, it must be kept in mind that this is a sports stadium, and therefore, I am most excited about the new playing surface. I am not a strong supporter of artificial turf; I am in fact staunchly against it, but it is encouraging to know that the best product on the market (turf-wise) is being used.

Now that BC Place's field has the FIFA stamp of approval, international soccer games may finally be played out on the west coast instead of the centre of the universe... Toronto. Looking forward to taking in a game sometime soon, and can't wait for the Grey Cup!

Canada's run comes to an end

2011 Rugby World Cup



By Dylan Hackett

Canada's 79-15 defeat to the host-nation—and Canadian head coach Kieran Crowley's former squad—the New Zealand All Blacks last weekend marks the end of our 2011 Rugby World Cup run.

Canada's initial 3-0 lead two minutes into the match on a penalty kick was soon quelled by a flurry of kiwi tries with the half-time score being 37-8 All Blacks. The “beardo” Canucks played better rugby than last weekend's draw against Japan with fewer handling errors and more territory. Vancouver native and youngest Canadian on the pitch, 21-year-old Connor Trainor, landed two brilliant tries but the loss to the world's top-ranked team was no surprise for the defeated lads and rugby fans alike.

Having finished fourth in Pool A, Canada now must earn qualification for the next Rugby World Cup in 2015, hosted by England and co-sponsored by the Welsh Rugby Union for use of the beautiful Millennium Stadium in Cardiff. Currently in 12th place in International Rugby Board

Canadian players are being scouted for Welsh team Gogledd Cymru (pronounced “gog-leth come-ree”) in hopes of both bettering skill of Canadian national players and promoting rugby enthusiasm in North Wales.

With the 40-match pool phase of the

“With a recently signed player development partnership with the ever-friendly Welsh Rugby Union, Canadian players are being scouted for Welsh team Gogledd Cymru (pronounced “gog-leth come-ree”) in hopes of both bettering skill of Canadian national players and promoting rugby enthusiasm in North Wales.”

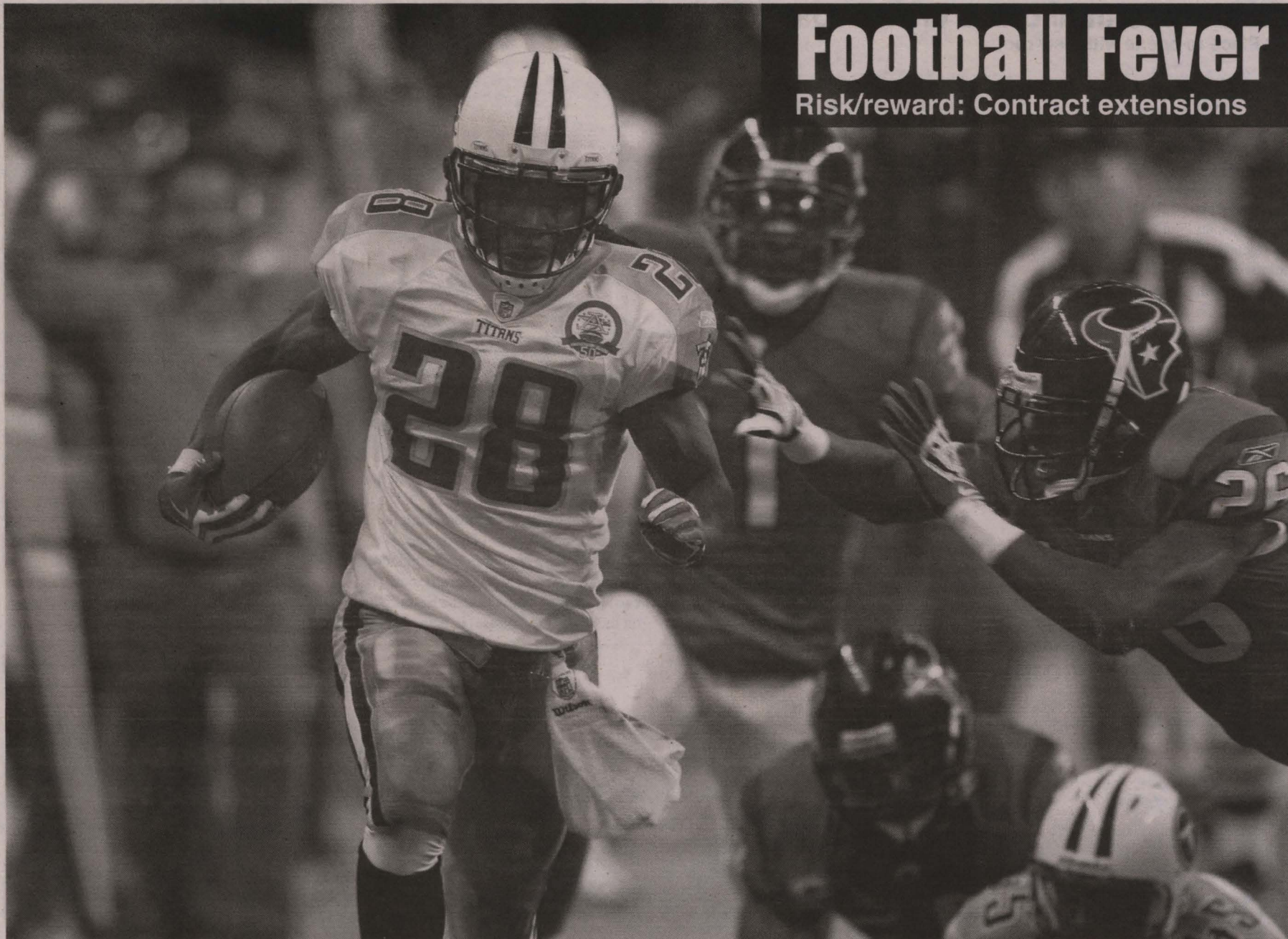
rankings, Canada's chances of qualification are more likely than not. With a recently signed player development partnership with the ever-friendly Welsh Rugby Union,

Rugby World Cup finished, the top two of five teams from each of the four pools are the only nations still in contention. Quarter-final match-ups for the coming

weekend in local time are Wales (register for Wales Field School 2011!) vs. Ireland 10:00 p.m. Friday, October 7, England vs. France, 12:30 a.m. Saturday, October 8, South Africa vs. Australia, 10:00 p.m. Saturday, October 8, and New Zealand vs. Argentina 12:30 a.m. Sunday, October 9, 2011. All matches are to be broadcast on TSN2, channel 147 (220 HD) with standard TSN rebroadcasts of England vs. France on Saturday at 4:00 p.m. and of South Africa vs. Australia on Tuesday, October 11. For those without cable or TSN2, all matches can be viewed on the Rugby World Cup website (www.rugbyworldcup.com) free of charge, 24 hours after initial broadcast with interactive match highlights for those wishing to skim matches for important moments.

Football Fever

Risk/reward: Contract extensions



By David Hollinshead

CJ2K Not Producing

Usually when a player holds out through your team's entire training camp and demands to get a contract extension to make him one of the highest paid players for his position, the least you can ask for is productivity. There's no doubt that NFL Tennessee Titans running back Chris Johnson—nicknamed "CJ" or "CJ2K"—deserved a new contract. He is the key to the Titans offense, averaging 121.2 yards a game on the ground and is also a big help in the passing game, providing Kerry Collins a check down target last year. He was also the most recent running back to break the 2,000 yards a season barrier. To most teams, if you have a running back that breaks 1,000 you're feeling pretty good, imagine how the Titans feel with CJ. The 2,000 yards though were probably asked of him, last year's quarter back tandem of Vince Young and Kerry Collins didn't exactly keep their fans eyes at ease.

The result of CJ's holdout led to the team investing on a four year, \$53.5 million contract extension, with \$30 million guaranteed on September 1, guaranteeing he'd be in the Titans line up for their first game. Their investment hasn't been working out at all like they hoped. In the early goings of the season, Johnson gained a total of 189 yards from scrimmage and a dreadful 98 yards on the ground. He is averaging 2.1 yards per carry, and is on pace for 522 yards for the season. You expect these numbers out of your back up running back, maybe. Not the All-Pro who demanded you cough up the green to keep him around.

I don't like it when players holdout; it hurts the locker-room, coaches are without a keystone player, and it just hinders everyone else. The way you can make up for that is by coming into the season and doing your job to the best of your ability, and Johnson's ill-production has to have the Titan's faithful uneasy about their offense. The Titans go on the road for their next two

before their bye week with games against AFC North rivals, the rising Cleveland Browns and the falling Pittsburgh Steelers. If Tennessee can't get their running game going against the Browns, who rank 29 in the league in run defence, then the bye week can't come soon enough.

Wes Welker: On his way out?

Patriots wide receiver Wes Welker deserves a new contract. After tearing his ACL in the final game of the 2009 season, he returned the next year to post a very respectable 86 catch, 848 yard, seven touchdown season. Now completely healthy, he is Tom Brady's go-to guy in every situation. After three games, Welker has already amounted half of what he did last year with 31 catches for 458 yards and four touchdowns, having a 99-yard touchdown in week one and a 217 yard game in a losing effort against the Buffalo Bills. With high personality Chad Ochocinco posting career low numbers and being left out of the game plan, and Deion Branch getting up in age and unable to

keep up with some coverages, the Patriots passing game turns to Welker and their two tight ends who they drafted last year and are already a huge factor in their game. Welker is in the last year of his contract, and will no doubt command huge money to keep him. Money that Patriots writer Andy Hart doesn't believe he'll get. Hart believes because of the severity of Welker's knee injury and his age, he won't get the Santonio Holmes contract that Welker may want. Perhaps he'll go the Patriot way and reduce his asking price as Tom Brady has done on repeated occasion to bring in talent.

If Welker does leave, the Patriots have been grooming Julian Edelman to be his replacement. Edelman has been pronounced a "poor man's Welker," filling in for him when Welker went down two years ago and is doing a nice job. They have a similar skill set making it not entirely impossible for Edelman to be Brady's slot receiver next year.

CIS in no rush to mirror NCAA transgender policy

Canadian athletic community meets NCAA policy with mixed responses

By **Kevin Menz** — The Sheaf
(University of Saskatchewan)

SASKATOON (CUP) — The National Collegiate Athletic Association recently adopted a new policy for transgender athletes, but Canadian Interuniversity Sport and many other Canadian athletic associations are in no rush to do the same.

The NCAA's policy states that any athlete who has testosterone in their system as the result of medical treatment cannot compete on a women's team. If a male is transitioning or has transitioned to a female, the athlete can compete on a women's team if they provide documentation showing that they have undergone testosterone suppression treatment for one full year.

"Research suggests that androgen deprivation and cross sex hormone treatment in male-to-female transsexuals reduces muscle mass; accordingly, one year of hormone therapy is an appropriate transitional time before a male-to-female student-athlete competes on a women's team," Eric Vilain, a professor of human genetics at University of California Los Angeles, was quoted in the NCAA's policy.

Prior to the policy, any athlete who had not yet started hormone therapy could play for whichever gender they were born as — regardless of how they identified themselves. For athletes who were undergoing or had undergone therapy, the NCAA did not have strong regulations in place.

"Our goal was to provide transgender athletes with the opportunity to participate in sports," said Pat Griffin, former director of It Takes a Team! — an initiative of the Women's Sports Foundation to educate on lesbian, gay, bisexual and transgender issues in sport—and who helped the NCAA develop its policy.

"It's an issue of fairness and equity... and also partly a response to more young people now identifying as transgender."

The CIS, however, will likely not implement its own transgender policy any time soon. It is waiting for a set of guidelines from the Canadian Centre for Ethics in Sport on how best to include transgender athletes within their league.

"We will look at the direction that is provided [by CCES] and customize it to the CIS environment," said Marg McGregor, chief executive officer of the CIS.

CIS policies state that a male can only compete on a men's team while a female must compete on a women's team unless there is no women's team provided in the female's sport of choice. Only then can a female compete for a men's team.

There is no clear policy regarding transgender athletes. That does not mean, however, that they are ineligible to compete.

"We have a human rights code within



Canada and the CIS follows the human rights code," MacGregor said. "There would be no one who would be denied their rights."

Transgender athletes can compete but only as their legally identified gender.

Keegan Epp, coordinator for the University of Saskatchewan Students' Union Pride Centre, believes that this oversimplifies the gender transition process.

"It assumes that legally changing an individual's sex from the one assigned to them at birth is a simple process," said Epp.

He wants to see the CIS implement a policy that sets a national standard for all transgender athletes.

"The CIS has an opportunity to be proactive in publishing publicly available policy, guidelines or best practices to ensure transgender athletes at all member universities are treated with respect and fairness," said Epp.

The CCES is in the process of developing guidelines for the CIS and for other organizations to use and said they would not rush to publish their guidelines despite the NCAA's recent policy.

"The need to create a unified national

policy is apparent but the manner in which it is being developed is cautious," said Doug MacQuarrie, chief operating officer of the CCES. "We don't yet know enough to make decisions with impunity and such decisions taken by the NCAA may be taken in absence of the multitude of factors that we think need to be considered."

One major problem that MacQuarrie listed with implementing a policy in Canada that is similar to the NCAA's policy is the ethicality of gender testing.

In the NCAA's policy, "there are some implied measurements of hormonal secretion, which I think in many respects is tantamount to [gender testing]," said MacQuarrie. "The Canadian Academy for Sport and Exercise Medicine has a policy against testing for gender."

Gender testing is not allowed in Canada for several reasons. The tests are not always scientifically valid, women can have certain genetic disorders that result in "failed" tests, tests are only done on females and, perhaps most significantly, athletes who "fail" the test often suffer long term psycho-social effects.

For example, following the 2006 Asian

Games, Indian runner Santhi Soundarajan was stripped of her silver medal in the women's 800 metre competition after failing a gender test. Shortly after, she attempted suicide and slipped into a coma.

Canadian transgender cyclist Kristen Worley nearly became the first transgender athlete to compete in the Olympics after almost qualifying for the games in 2008. A post on her website, kristenworley.ca, reads that the "NCAA is setting themselves up for human rights issues" and that its policy "forces young college and high school students, who have varying degrees of 'gender'... to seek 'forced medicalization' of their bodies."

MacQuarrie backs this idea that athletes should not be forced to identify themselves within sports' traditional binary view of gender — being either a man or a woman.

"The arbitrary process of establishing whether one is a man or a woman is fraught with all kinds of consequences — largely social and psychological — which have to be considered when anyone implements a policy of this nature," he said. "Our approach is one that provides for a safe and secure sport environment and recognizes that humans — the physical and biological elements of human — are not binary."

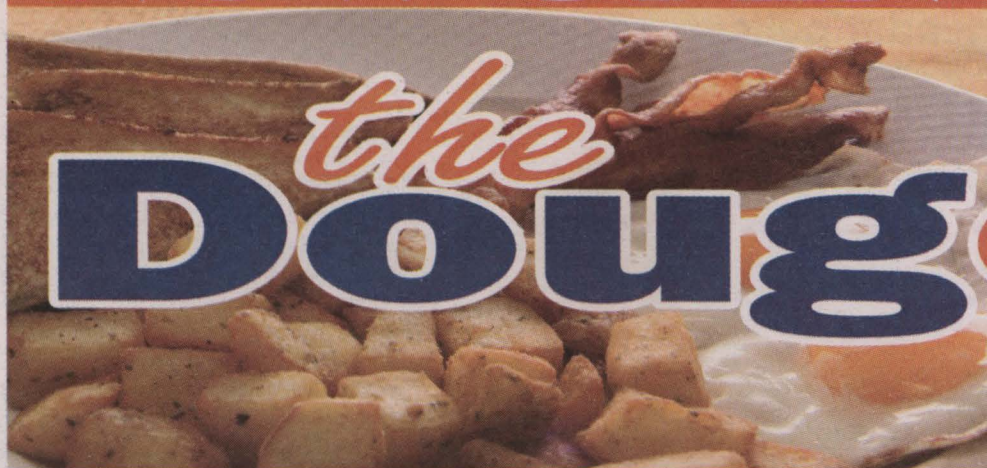
Epp argues, however, that the CIS's reliance on Canadian law and the CCES's lack of guidelines actually hurt the cause to eliminate gender testing and the gender binary.

Gender transitioning "is a process which differs from province to province. In Saskatchewan it requires notes from a doctor confirming 'sufficient' physical modifications have been undertaken. This more often than not includes hormone therapy and sexual reassignment surgery," said Epp. "While it may seem like the CIS has avoided the 'medicalization' of gender the NCAA policy has been criticized for, it has effectively passed the buck to the provinces."

Epp believes that the CCES and the CIS are being too stubborn in thinking that they can change the binaries of sport overnight. He wants to see the CCES and the CIS come up with some sort of standard for transgender athletes in Canada that can operate within the binary of men's and women's sport.

"Given the gender binary in sport is unlikely to undergo a major change in the near future, transgendered athletes deserve an accessible set of eligibility policies or guidelines as is available to any other CIS athlete," said Epp. "The NCAA seems to allow for a greater amount of gender variance within the constraints of a gender binary sporting model. [The NCAA's policy is] another step in the right direction, but it's likely not the last."

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